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In order for you to be successful at Epic Seven, you need to continually upgrade your heroes and enhance them to peak strength. In order to do that, you have to utilize Penguins and Phantasmas. Each material does different things for your Heroes. Sy Montgomery is a naturalist, author and scriptwriter who writes for children as well as adults. She is author of more than 20 books, including *The Soul of an Octopus: A Surprising Exploration into the Wonder of Consciousness*, which was a finalist for the 2015 National Book Award for Nonfiction and was a New York Times Bestseller. A site dedicated to book lovers providing a forum to discover and share commentary about the books and authors they enjoy. Author interviews, book reviews and lively book commentary are found here. Content includes books from bestselling, midlist and debut authors. Committed to publishing great books, connecting readers and authors globally, and spreading the love of reading.