

Download African Indigenous Vegetables In Urban Agriculture

This book provides a comprehensive synthesis of current knowledge of the potential and challenges associated with the multiple roles, use, management and livelihood contributions of indigenous vegetables in urban agriculture in sub-Saharan Africa. Urban agriculture, urban farming, or urban gardening is the practice of cultivating, processing and distributing food in or around urban areas. Urban agriculture can also involve animal husbandry, aquaculture, agroforestry, urban beekeeping, and horticulture. These activities occur in peri-urban areas as well, and peri-urban agriculture may have different characteristics. History Indigenous cookery. In the precolonial period, indigenous cuisine was characterised by the use of a very wide range of foods including fruits, nuts, bulbs, leaves and other products gathered from wild plants and by the hunting of wild game. A list of indigenous South African species with potential for the development of new food products (including beverages, flavours, spices and others) is presented in Table 1 (author citations are not repeated in the text from here on). At least 120 indigenous South African species are available for new crop and new product development.